

## Off-Balance

You can't always control what life gives you. In these moments, you may find yourself off-balance. These feelings are normal, but can be a good time to identify the habits that help you regain your footing. Our newsletter this month will highlight some ideas that can help you find your center.

Thank you,  
HFS Wealth Advisors Team

### HFS Wealth Advisors profile picture

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## Off-Balance - Learning from Discomfort

Oct. 22, 2025

When life causes you to be financially off-balance, a solid financial routine can



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help to return...

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Oct. 7, 2025



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